

Applewood Tech Center
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Curriculum Vitae

DOUGLAS E. HEMLER, MD

Board Certified Pain Medicine
Board Certified Physical Medicine & Rehabilitation
Board Certified Electrodiagnostic Medicine

CURRENT POSITION(S)

Private Practice, Sports and Orthopedic Rehabilitation, PLLC (Nov 2005 - present)
Interventional Pain Medicine, Sports, & Rehabilitation Medicine (Physiatry)

Associate Medical Director, The Pain Medicine Center, The Centennial Group
Denver, Colorado

Associate Clinical Professor, Department of Rehabilitation Medicine,
University of Colorado Health Sciences Center, Aurora, Colorado

LTC, Flight Surgeon, US Air Force Reserve
302nd Aeromedical Staging Squadron, 302nd Air Lift Wing, Peterson Air Force Base,
Colorado Springs, Colorado.

Board of Censures, Clear Creek Valley Medical Society

POST GRADUATE TRAINING

Residency: Physical Medicine and Rehabilitation, Walter Reed Army Medical Center
Washington, DC 20307-5001 -- November 1, 1985 - October 31, 1988

Internship: Surgery, Creighton University School of Medicine Department of Surgery
Omaha, Nebraska 68131 -- July 1, 1983 - June 30, 1984

Interventional Pain Medicine Training:

International Spine Intervention Society, Discography Workshop,
Memphis, TN -- June 18-19, 2005

American Society of Interventional Pain Physicians
University of Louisville, KY Advanced Lumbar Procedures Cadaver Course
Memphis, TN, 14.5 hrs. -- June 21-22, 2004

Lumbar Interventional Procedures Practicum
Edward Chen M.D., Clearwater Pain Management, Inc.
Clearwater, Florida -- June 19-20 & June 26-27, 2003

Introduction to Radiofrequency Nerve Ablation for Pain Relief,
Greenwood Surgical Center, Cadaver Course
Greenwood Village, CO -- June 21, 2003

Interventional Pain Medicine Training (Continued):

Interventional Spine Procedures and Pain Symposium, Lumbar spinal cadaver course
Stanford University, CA -- October 12, 2002- October 13, 2002.

ISIS Commencement Lumbar Workshop Using Cadavers.
ISIS Facility, Daly City, CA -- January 22-23, 2000

California Society of Anesthesiologists, Pain Management Conference, Cadaver Course
Santa Monica, CA -- September 17-19, 1999

Certificate of Attendance, UCSF Occupational & Environmental Medicine Course (160 hrs)
Completed Apr 3, 1998

Certificate of Attendance, UCLA Medical Acupuncture Course (200 hrs)
Completed Apr 21, 1997.

EDUCATION

Doctor of Medicine, Creighton University School of Medicine
Omaha, Nebraska 68131 -- May 1983

Bachelor of Science, Biology, Creighton University
Omaha, Nebraska 68131 -- May 1979

Associate of Science, Casper College
Casper, Wyoming -- May 1976

Natrona County High School
Casper, Wyoming -- May 1974

LICENSES AND CERTIFICATIONS

Diplomat, American Board of Physical Medicine and Rehabilitation, May 16, 1990.

Diplomate, American Board of Electrodiagnostic Medicine, April 8, 1990.

Diplomat, American Board of Pain Medicine, April 16, 2003.

Medical Licenses: Colorado Number 29602 , Wyoming 6325A , Nebraska 22593

Advanced Trauma Life Support Course, April 15, 2005

Advanced Cardiac Life Support, Exempla Medical Center, November 9, 2004.

Basic Cardiac Life Support, July 2004.

Certified Level II Provider, Colorado Division of Workers' Compensation Recertified,
October, 2004.

Certified Medical Review Officer, Medical Review Officer Certification Council
December 17, 1996, Number 96-02203.

APPOINTMENTS

Member at Large, Board of Censures, Clear Creek Valley Medical Society -- July 9, 2004-present.

Secretary/Treasure, Rocky Mountain Rehabilitation Society -- January 1, 2002 - present

President, Rocky Mountain Rehabilitation Society -- March 23, 1999 - Jan 1, 2002

Colorado Medical Society, Committee on Worker's Compensation
November, 1997-Present, Chair March 2003-present.

Representative to the State Worker's Compensation Fee Schedule Task Force

Colorado Division of Workers' Compensation
Advisor, Musculoskeletal & Pain Task Forces
Lower Extremity Task Force
Apportionment Committee, RSD Task Force

Instructor Level II Credentialing and Recertification Courses -- January 1996-Present

Team Physician, Colorado Explosion, ABA Professional Women's Basketball Team
1998-99 Season

Staff Physician, Lutheran Medical Center, Wheat Ridge, Colorado

Staff Physician, University of Colorado Health Sciences Center,
University Hospital, Denver, CO

HealthSouth Denver West Surgery Center, 13952 Denver West Parkway, Golden, CO 80401

Lakewood Surgical Center, Lakewood, CO.

Belmar Ambulatory Surgical Center, Lakewood, CO.

PROFESSIONAL SOCIETIES

Fellow, American Academy of Physical Medicine and Rehabilitation

Fellow, American Association of Neuromuscular & Electrodiagnostic Medicine

American Academy of Pain Medicine

North American Spine Society

International Spine Intervention Society

American Society of Interventional Pain Physicians

Colorado Medical Society

Rocky Mountain Rehabilitation Society

HONORS

5280 Magazine, August/September 1997, Listed as one of two Top Physicians in the field Of Physical Medicine & Rehabilitation in the Denver Metropolitan Area

American Academy of Physical Medicine and Rehabilitation, January 1996
Certificate of Appreciation, Chair, Practice Issues Subcommittee

U.S. Army

1991 Meritorious Service Medal, Oak Leaf Cluster (second award). Established first Formal intraoperative neural monitoring service in the Armed Services while Chief of Physical Medicine, Fitzsimons Army Medical Center, Aurora, Colorado.

1985 Meritorious Service Medal. Chun Chon, Korea. Officer in Charge of the best outlying health clinic.

Walter Reed Army Medical Center: 92% National Performance as a Senior Resident PM&R Self Assessment Examination

Creighton University School of Medicine, Presentation at the National Student Research Forum, Galveston, Texas, April 1983

Surgery Honors Program, October 1982

PROFESSIONAL EXPERIENCE

Private Practice, Rehabilitation Associates of Colorado
4251 Kipling St. #220 -- Wheat Ridge, Colorado 80033
303-423-8334 -- fax 303-467-4136

Spine medicine, sports medicine, electrodiagnostic medicine, & pain Management -- January 1999 - November 2006

Medical Director, Occupational Medicine and Urgent Care, Exempla Healthcare.
Managed 8-12 sites with a total of 75,000 visits annually -- June 1996-May 1999.

Medical Director of Rehabilitation Services, Provenant Health Partners
(Centura-St. Anthony System) Denver, Colorado, 36 Bed In-patient rehabilitation unit in a Level I trauma hospital -- November 15, 1993 - June 1996.

Medical Director, Industrial Medicine and Rehabilitation, Accord Medical Centers of Colorado 210 University Avenue Denver, Colorado 80206
January 1, 1993-November 15, 1993

Associate Medical Director, Rocky Mountain Rehabilitation Institute, Aurora, Colorado (Continental Medical Systems), 60 Bed In-patient rehabilitation hospital
January 1, 1992 - January 1, 1993

The Colorado Spine Center Aurora, Colorado, Conservative Management of Cervical and Lumbar Disorders -- July 8, 1991 - December 31, 1991

Chief/Assistant Chief, Physical Medicine and Rehabilitation, Fitzsimons Army Medical Center, Aurora, Colorado -- November 28, 1988 - July 1, 1991

Officer-in-Charge, Flight Surgeon, U.S. Army Health Clinic, Camp Page, Chun Chon, Korea

PUBLICATIONS

“Manipulation Under Epidural Anesthesia (MUEA) and Corticosteroid Injection: Two Case Reports.” Aspegren D O, Wright R E, Hemler D E. Journal of Manipulative and Physiological Therapeutics. Volume 20, number 9, November/December, 1997, pp 618-621

“Chapter 13: Electromyography and Nerve Conduction Studies” & “Chapter 90, Rehabilitative Techniques“, Rheumatology Secrets, Sterling West, MD, editor. Hanley & Belfus., Medical Publishers, Published Oct 1996, Copyright 1997.

“Rehabilitation in a Capitulated Environment”, D. Hemler, MD, J. Lomas, MD, G. Maisell, MD, S. Myer, MD. White Paper prepared for the Board of Governors, American Academy of Physical Medicine and Rehabilitation, by the Practice Issues Subcommittee, Medical Practice Committee. Presented November 18, 1995, American Academy of Physical Medicine and Rehabilitation, Annual Assembly, Orlando, Florida.

“Magnetic Cortical Stimulation Utilized During a Neuroradiological Procedure for Embolization of a Spinal Arteriovenous Malformation: A Case Report” L. Anderson, D. Hemler, et al, Spine, March. 1994.

“Quantification of Lumbar Nerve Root Decompression using Somatosensory Evoked Potentials”. P. Castello, MD, H. Place, MD, D. Hemler, MD, S. Shannon, MD, T. Simmons, BS. Presented at:

The Rocky Mountain Chapter of the Western Orthopedic Society, Snowmass, CO, August 1993

Academy of Surgical Research, Breckenridge, CO, October 1993

Society of Military Surgeons, Bethesda Maryland, December 1993

Exhibited at the American Academy of Orthopedic Surgeons, February 1994

Accepted Orthopedic Transactions, abstract in press.

“Saphenous Nerve Entrapment Caused by Pes Anserine Bursitis Mimicking Stress Fracture of the Tibia”. D. Hemler, MD, W. Ward, M.P.T., K. Karstetter, D.P.M., P. Bryant, D.O. Archives of Physical Medicine and Rehabilitation, 72:336-7, 1991.

“Radial Nerve Motor Latency to the Extensor Digitorum Communis: Normal Values Using a Surface Stimulation and Recording Technique.” A. Young, D.O., M. Redmond, MD, D. Hemler, MD Archives of Physical Medicine and Rehabilitation, 71:399-402, 1990.

“Common Clinical Presentations Among Active Duty Personnel with Traumatically Induced Reflex Sympathetic Dystrophy.” D. Hemler, MD, R. McAuley, MD, Military Medicine, 153, 10:493, 1988.

“The Benefit of Medial Epicondylectomy versus Transposition of the Ulnar Nerve for Entrapment at the Elbow”. D. Bizousky, MD, J. Johns, MD, D. Hemler, MD. Poster Presentation, North American Hand Society Meeting, Toronto, Ca, October, 1990

“The Effect of Hypothermia on the Oxygen Dissociation Curve in a Potassium Containing Cardioplegic Solution in the Isolated Rabbit Heart” D. Hemler, D. Hughes, MD, Presented at the National Student Research Forum, Galveston, TX, April, 1983.

“Electromyographic Sensory Feedback: Theory and Function in Stroke Rehabilitation” D. Hemler. Presented at Fitzsimons Army Medical Center, March, 1983